



Challenge Course Release Form

Camp Lutherwood Oregon offers facilitation in challenge activities, in ground elements, low ropes and climbing tower. The purpose of these activities is to build self-esteem and leadership in individuals, cooperation skills between participants, and to build community and communication skills within your group. These activities will involve walking, sitting, running, lifting, swinging, carrying, climbing, and/or other types of physical activity. While every effort will be made by Camp Lutherwood Ministries to keep the entire experience as safe as possible, there is a potential for possible injury because of the very nature of these activities.

By signing this form, you are acknowledging that you are aware and understand that there is risk involved in these activities. If you have a particular medical condition that makes you more susceptible to injury, then you will inform Camp Lutherwood of any such condition, otherwise, Camp Lutherwood is released from any injury sustained or aggravated as a result of such condition. If you do not understand the risk involved, please contact Camp Lutherwood at (541) 998-6444 and question us until you are satisfied with the level of knowledge needed to make a responsible decision.

Your signature also signifies that you acknowledge that you are participating in these activities by your own free will and you also have the choice and the right to refuse to participate in any activity, or part of any activity, that you personally do not feel safe or comfortable with. You agree to follow the safety, rules and regulations set forth by your facilitator(s) and all other rules and procedures of camp.

For those participants who are under 18, we ask parents/guardians to go over this information with them so they understand what we ask of them. Please sign and return this form to the Camp Lutherwood Oregon office before your challenge course session.

I acknowledge that I have read and understand the above information and that my participation is voluntary. I assume personal responsibility for my health and well-being while participating in the Challenge Course at Camp Lutherwood Oregon.

Participant Name: _____

Participant Signature: _____ Date Signed: _____

If Participant is under 18:

Parent/Guardian Name: _____

Parent/Guardian Signature: _____ Date Signed: _____